

Booker ISD—Goals for Student Wellness

Booker ISD is committed to providing a school environment that enhances learning and development of lifelong wellness practices through example and curriculum. BISSD will strive to instill in all students the knowledge and skills necessary to make nutritious and enjoyable food choices for a lifetime. Staff members are encouraged to model healthy eating and physical activity as a valuable part of daily life.

To accomplish these goals:

- Child Nutrition Programs will comply with federal, state and local requirements. Child Nutrition Programs will be accessible to all children.
- Nutrition education will be provided and promoted through health, science, and physical education classes. Nutrition information will be shared with parents to encourage them to teach their children about health and nutrition.
- All school-based activities will be consistent with local wellness policy goals.
- All foods and beverages made available on campus (including vending, concessions, a la carte, student stores, parties, and fundraising) during the school day will be consistent with the current Dietary Guidelines for Americans.
- All foods made available on campus will adhere to food safety and security regulations. Hazard Analysis and Critical Control Points (HACCP) plans and guidelines will be implemented.
- The school environment will be safe, comfortable, pleasing, and will allow ample time for eating meals. Food and/or physical activity will not be used as a reward or punishment.
- The School Health Advisory Committee (SHAC) will be responsible for reviewing and evaluating guidelines that support a healthy school nutrition environment. This committee shall offer revisions to these guidelines as often as necessary.

Wellness:

Booker ISD shall follow nutrition guidelines that advance student health and reduce childhood obesity and shall promote the general wellness of all students through nutrition education, physical activity, and other school-based activities.

Nutrition Guidelines:

Booker ISD shall ensure that nutritional guidelines for reimbursable school meals shall be at least as restrictive as federal regulations and guidance and that all foods available on each campus are in accordance with the Texas Public School Nutrition Policy.

Wellness Goals: Nutrition Education

Booker ISD shall implement, in accordance with law, a coordinated health program with a nutrition education component and shall use health course curriculum that emphasizes the importance of proper nutrition.

In addition, Booker ISD establishes the following goals for nutrition education:

- Students will receive nutrition education that fosters the adoption and maintenance of healthy eating behaviors.
- Students will be encouraged to start each day with a healthy breakfast.
- Nutrition education will be a district-wide priority and will be integrated into other areas of the curriculum, as appropriate.
- The food service staff, teachers and other school personnel will coordinate the promotion of nutrition messages in the cafeteria, the classroom and other appropriate settings.
- Educational nutrition information will be shared with families and the general public to positively influence the health of students and community members.

Wellness Goals: Physical Activity

Booker ISD shall implement, in accordance with law, a coordinated health program with physical education and physical activity components and shall offer at least the required amount of physical activity for all grades.

- Booker ISD will provide an environment that fosters safe and enjoyable fitness activities for all students, including those who are not participating in competitive sports.
- Physical education classes will regularly emphasize moderate to vigorous activity.
- Adequate equipment will be available for all students to participate in physical education. Physical activity facilities on school grounds will be safe.

- Time allotted for physical activity will be consistent with research, national and state standards.
- Booker ISD will encourage teachers to integrate physical activity into the academic curriculum where appropriate.
- Booker ISD will encourage parents to support their children's participation, to be active role models, and to include physical activity in family events.

Wellness Goals: School-based Activities

Booker ISD will establish the following goals to create an environment conducive to healthful eating and physical activity and to express a consistent wellness message through other school-based activities:

- Sufficient time will be allowed for students to eat meals in the cafeteria facilities that are clean, safe, and comfortable.
- Wellness for students and their families will be promoted at suitable school activities.
- Employee wellness education and involvement will be promoted.

Implementation:

The SHAC shall oversee the implementation of this policy and shall develop administrative procedures for periodically measuring the implementation of the wellness policy.

Agenda
Booker ISD Board of Trustees
Regular Meeting May 18, 2006
Thursday, 6:30 p.m. Administrative Center
Main and Mitchell Road
Booker, TX 79005

During the course of the meeting, the Board may determine that a closed meeting is required. Such closed meeting or executive session is authorized by the Texas Government Code 551.001 *ET seq.* For the purposes as follows:

<u>Section</u>	<u>Purpose</u>
551.071	Private consultation with the board's attorney
551.072	Discussing purchase, exchange, lease or value of real property
551.073	Discussing negotiated contracts for prospective gifts or donations
551.074	Discussing personnel or to hear complaints against personnel
551.076	Considering the deployment, specific occasions for, or Implementation of security personnel or devices
551.082	Considering discipline of a public school child, or complaint or Charge against personnel
551.083	Considering the standards, guidelines, terms or conditions the board will follow, or will instruct its representatives to follow, in Consultation with representatives of employee groups

Order of Business

1. Establish Quorum
2. Invocation – Pledge of Allegiance
3. Administer Oath of Office for new board members.
4. Meal to honor exiting board members for their work and to welcome new board members to the board.
5. Reorganize board.
6. Approval of minutes of regular meeting on April 17, 2006.

Public Participation

7. Public Participation – Limited to five minutes per individual or group on the same topic. For a more extensive presentation, file a written request with the superintendent five days prior to the regular board meeting.

Reports/Action

8. Approve financial statements and reports:
 - a. Financial statements

- b. Current bills
 - c. Activity fund report
 - d. Buddy Wright Trust report
9. Report on enrollment.
10. Update on Grants.
11. Approve Wellness Policy
12. Superintendent's Report.
- a. Report on UIL Situation
 - b. Update on Darrouzett ISD initiatives
 - c. Update on curriculum alignment efforts
 - d. Report on Indirect cost Rates for July 1, 2006 through June 30, 2007
 - e. Take action if needed
13. Update on Legislative actions.
14. Vote to approve replacement of ceiling tiles in Gymnasium and to do repair work as needed.
15. Approve proposal to repair Asphalt around Jr. High/High School.
16. Discuss Board training conferences:
- a. Summer Leadership Institute Workshop in San Antonio, June 8-10, 2006
 - b. State Convention, October 6-8, 2006
17. Discuss TASB Board of Directors Board Briefs for April 1, 2006
- a. Schedule training.
18. Take action on Order Allowing Discounts on 2006 Taxes.
19. Budget updates for 2005-2006.

Personnel/Action

20. Discuss staffing patterns for 2006/2007 school year.
21. Vote to hire:
- a. Rajeanna Manross as English teacher
 - b. Angela Hollowell, Special Education Teacher
 - c. Other
22. Resignations:
- a. Starla Whiteley
23. Adjourn